

ZEBEDEE'S LUNCH BOX

SCHOOL TEMPERATURE SHEET

SCH 04/08

MENU 1

| DAY | MAIN COURSE | TEMPERATURE | SWEET | TEMPERATURE |
|-----------|--------------------------------------------------|-------------|----------------------------------------------------|-------------|
| Monday | Lamb Chilli & Rice | | Peach Melba Yoghurt & Peach Slices | |
| Tuesday | Chicken or Tuna Tomato Pasta | | Dairy Vanilla Ice Cream with Mandarin Jelly | |
| Wednesday | Roast Turkey, Stuffing Ball, Potatoes & Gravy | | Apple & Pear Chocolate Brownie & Custard | |
| Thursday | Sausage, Mashed Potato & Baked Beans | | Black Currant Yoghurt served with Pineapple Pieces | |
| Friday | Homemade Italian Meatballs in a Neapolitan Sauce | | Chocolate Mousse & Fresh Bananas | |

MENU 2

| DAY | MAIN COURSE | TEMPERATURE | SWEET | TEMPERATURE |
|-----------|-----------------------------------------------|-------------|----------------------------------------------------|-------------|
| Monday | Hot & Kick'in Chicken & Potato Wedges | | Strawberry Jelly with Fruit & Strawberry Yoghurt | |
| Tuesday | Turkey or Salmon Pesto Pasta | | Doughnut with Fruit | |
| Wednesday | Chicken Tikka Masala & Fluffy White Rice | | Orange & Chocolate Sponge & Custard & Apple Slices | |
| Thursday | Roast Pork, New Potatoes, Apple Sauce & Gravy | | Dairy Strawberry Ice Cream with Fruit | |
| Friday | Minced Beef, Onion & Mashed Potato | | Lemon Sponge & Custard & Stewed Fruit | |