

ZEBEDEE'S LUNCH BOX

NURSERY TEMPERATURE SHEET

ZL 10/09

MENU A				
DAY	MAIN COURSE	TEMPERATURE	SWEET	TEMPERATURE
Monday	Organic Soya & Vegetable Spaghetti Bolognese with Grated Cheese	Date: Time: Temp:	Orange Jelly & Peaches	Date: Time: Temp:
Tuesday	Lamb & Lentil Vegetable Stew	Date: Time: Temp:	Banana & Date Pudding with Custard	Date: Time: Temp:
Wednesday	Sausage, Mashed Potato & Baked Beans	Date: Time: Temp:	Chocolate Mousse	Date: Time: Temp:
Thursday	Salmon Macaroni Bake	Date: Time: Temp:	Fruit Salad	Date: Time: Temp:
Friday	Roast Ham, New Potatoes & Mixed Vegetables	Date: Time: Temp:	Peach Melba Yoghurt	Date: Time: Temp:

MENU B				
DAY	MAIN COURSE	TEMPERATURE	SWEET	TEMPERATURE
Monday	Beefy Cottage Pie	Date: Time: Temp:	Peaches & Pears with Mandarin Yoghurt	Date: Time: Temp:
Tuesday	Tuna, Mackerel & Tomato Basil Pasta	Date: Time: Temp:	Apple Rhubarb Crumble with Custard	Date: Time: Temp:
Wednesday	Lamb Lasagne	Date: Time: Temp:	Banana Mousse	Date: Time: Temp:
Thursday	Chicken & Vegetable Stew	Date: Time: Temp:	Chocolate & Orange Sponge with Chocolate Custard	Date: Time: Temp:
Friday	Meatballs, New Potatoes & Tomato Vegetable Gravy	Date: Time: Temp:	Wild Cherry Frozen Yoghurt	Date: Time: Temp:

MENU C				
DAY	MAIN COURSE	TEMPERATURE	SWEET	TEMPERATURE
Monday	Cod & Vegetable Potato Bake	Date: Time: Temp:	Pineapple, Apricot & Pear	Date: Time: Temp:
Tuesday	Beef Chilli Pasta	Date: Time: Temp:	Bananas & Custard	Date: Time: Temp:
Wednesday	Roast Turkey, New Potatoes, Mixed Vegetables & Gravy	Date: Time: Temp:	Vanilla Ice Cream	Date: Time: Temp:
Thursday	Beanie Shepherds Pie	Date: Time: Temp:	Strawberry Yoghurt	Date: Time: Temp:
Friday	Sausage Pasta	Date: Time: Temp:	Lemon & Ginger Sponge with Custard	Date: Time: Temp: