

# ZEBEDEE'S LUNCH BOX

## NURSERY TEMPERATURE SHEET

ZL 06/10

### MENU A

DAY	MAIN COURSE	TEMPERATURE	SWEET	TEMPERATURE
Monday	Sussex Beef & Vegetable Dansak	Date: Time: Temp:	Turners Farm Dairy Strawberry Yoghurt	Date: Time: Temp:
Tuesday	Tuna, Mackerel & Tomato Basil Casarecce Pasta	Date: Time: Temp:	Fresh Bananas & Custard	Date: Time: Temp:
Wednesday	Turkey Meatballs, Baby New Potatoes & Tomato Vegetable Gravy	Date: Time: Temp:	Chocolate Mousse & Pineapple	Date: Time: Temp:
Thursday	Organic Soya & Vegetable Spaghetti Bolognese	Date: Time: Temp:	Apple Berry Crumble & Custard	Date: Time: Temp:
Friday	Speldhurst Kent Sausage & Butter Bean Mash	Date: Time: Temp:	Plas Farm Wild Cherry Frozen Yoghurt	Date: Time: Temp:

### MENU B

DAY	MAIN COURSE	TEMPERATURE	SWEET	TEMPERATURE
Monday	Sussex Beef Chilli & Rice	Date: Time: Temp:	Raspberry & Blackcurrant Milk Pudding	Date: Time: Temp:
Tuesday	Sussex Lamb & Apricot Stew	Date: Time: Temp:	Pineapple, Apricot, Kiwi & Pear	Date: Time: Temp:
Wednesday	Fishermans Pie	Date: Time: Temp:	Chocolate & Orange Sponge with Chocolate Custard	Date: Time: Temp:
Thursday	Roast Chicken Breast & Cellentani Pasta	Date: Time: Temp:	Plas Farm Vanilla Ice Cream & Fruit Puree	Date: Time: Temp:
Friday	Roast Pork & Baby New Potatoes	Date: Time: Temp:	Turners Farm Dairy Peach Melba Yoghurt	Date: Time: Temp:

### MENU C

DAY	MAIN COURSE	TEMPERATURE	SWEET	TEMPERATURE
Monday	Sussex Beef Dauphinoise	Date: Time: Temp:	Mandarin Milk Pudding	Date: Time: Temp:
Tuesday	Poached Salmon Macaroni Bake	Date: Time: Temp:	Banana & Apricot Pudding with Custard	Date: Time: Temp:
Wednesday	Zebedee's Beanie Shepherds Pie	Date: Time: Temp:	Peaches & Pears with Mandarin Yoghurt	Date: Time: Temp:
Thursday	Roast Turkey, Baby New Potatoes, & Gravy	Date: Time: Temp:	Summer Fruit Salad	Date: Time: Temp:
Friday	Around The World Theme Lunch	Date: Time: Temp:	Around The World Theme Dessert	Date: Time: Temp: