

ZEBEDEE'S LUNCH BOX

TEA MENU

ZLT 10/11

MENU A

DAY	ITEM 1	ITEM 2	ITEM 3	ITEM 4
Monday	Cheese & Tomato Pizza Fingers	Speldhurst Sliced Cooked Sausage	Cherry Tomato & Cucumber Batons	Orange Smiles
Tuesday	Grated Cheese Sandwich on Brown Bread	Hard Boiled Free Range Egg Wedges	Sweetcorn & Diced Cucumber	Banana
Wednesday	Honey Roast Ham Sub Roll	Carrot Spaghetti	Roast Chicken Slices	Zebedee's Fruit Jelly
Thursday	Chicken & Sweetcorn Panini	Homemade Cranberry Flapjack	Pepper & Carrot Batons	Red Apple
Friday	Pesto Pasta Salad	Roast Chicken Slices	Carrot Batons	Fruit Yoghurt Pot

MENU B

DAY	ITEM 1	ITEM 2	ITEM 3	ITEM 4
Monday	Cheese & Tomato Pizza Fingers	Roast Chicken Slices	Sweetcorn & Diced Pepper	Pear
Tuesday	Dolphin Friendly Tuna Mayonnaise Panini	Mange Tout & Carrot Batons	Raisins	Zebedee's Fruit Jelly
Wednesday	Fruity Pasta Salad	Roast Chicken Slices	Cucumber Batons	Pineapple Wedge
Thursday	Free Range Egg & Cress Finger Roll	Speldhurst Sliced Cooked Sausage	Dried Apricots	Fruit Yoghurt Pot
Friday	Grated Cheese Wholemeal Roll	Hard Boiled Free Range Egg Wedges	Cherry Tomato & Cucumber Batons	Homemade Fruit Flapjack

MENU C

DAY	ITEM 1	ITEM 2	ITEM 3	ITEM 4
Monday	Savoury Pasta Salad	Speldhurst Sliced Cooked Sausage	Cucumber Batons	Green Apple
Tuesday	Honey Roast Ham Sandwich on White Bread	Hard Boiled Free Range Egg Wedges	Homemade Apricot Flapjack	Zebedee's Fruit Jelly
Wednesday	Wafer Thin Turkey Brown Roll	Yoghurt Raisins	Carrot Batons & Cherry Tomato	Homemade Fruit Scone
Thursday	Free Range Egg & Cress Sub Roll	Roast Chicken Slices	Carrot Batons & Pepper	Fruit Yoghurt Pot
Friday	Chicken & Pepper Fajita Wrap	Dried Apricots	Cucumber Batons & Cherry Tomato	Honeydew Melon Wedge

ALL ITEMS SUBJECT TO AVAILABILITY